

Assertive Community Treatment (ACT) 201-C

Dates and Locations:

Option 1

Day 1 - January 22, 2018 – ACT Team Leaders
CMHAM, Lansing

Day 2 Options – (Team Leaders Choose 1)

February 21, 2018 – ACT Team Leaders & Team Members
McCamly Hotel, Battle Creek

March 27, 2018 – ACT Team Leaders & Team Members
Holiday Inn near the University of Michigan, Ann Arbor

Option 2

Day 1 – June 15, 2018 – ACT Team Leaders
Treetops Resort, Gaylord

Day 2 Options – (Team Leaders Choose 1)

August 27, 2018 – ACT Team Leaders & Team Members
Treetops Resort, Gaylord

September 24, 2018 – ACT Team Leaders & Team Members
Comfort Inn & Suites Hotel and Conference Center, Mt. Pleasant

This training is approved as 'MDHHS ACT specific' and is one choice for the annual ACT Medicaid training requirement.

Cost is \$35 per person per day

- ACT TEAM LEADERS MUST REGISTER FOR DAY 1 & 2
- ACT TEAM LEADERS **AND** ACT TEAM **ATTEND** DAY 2 **TOGETHER**
- ALL ACT TEAMS **REGISTER FOR DAY 2** & MUST HAVE TEAM LEADER PRESENT DAY 2

Trainer and Coach:

Mara Husband, MA, LLP, ACT Team Leader/Program Manager at Lincoln Behavioral Services

Who Should Attend? This seminar contains content appropriate for ACT Team Leaders clinical staff (social work macro) at intermediate and advanced levels for ACT team leaders and for participants (ACT Team Staff) all levels of practice in Michigan.

The Michigan Department Health & Human Services, through the CMH Association of Michigan, has provided funding for this initiative through the Federal Community Mental Health Block Grant.

Day 1 ACT Team Leaders Training

Intended for —ACT Team Leaders

Day 1 Description - Day 1 of ACT 201-C is designed to meet the needs of experienced ACT team leaders whose skill levels are advanced well beyond the beginner stages of service provisions. ACT team leaders have an opportunity to identify and ACT improve model understanding and practice using resources, including the Michigan Medicaid Provider Manual, the MiFAST ACT fidelity tool and the Field Guide to ACT. Focusing on fundamental elements of ACT, Team leaders will have opportunities to discuss specific team issues, share ideas, experiences and feedback, examine, discuss, share, compare and contrast current practice and standards with trends across Michigan related to team support and practice, additionally will identify areas for skill development to enhance practice related to specific team issues.

Day 1 Agenda:

<u>Agenda</u>	<u>Course Objectives</u>
8:30 AM – Registration Opens & Breakfast Buffet	<ol style="list-style-type: none">1. Use the Michigan Medicaid Provider Manual to identify and describe ACT team guidelines and requirements.2. List ACT outcomes when implementation is faithful to the model.3. Demonstrate familiarity and understanding of how to use the Field Guide to support and improve team fidelity and functioning.4. Demonstrate familiarity and understanding of the ACT and ACT IDDT MiFast fidelity tools.5. Demonstrate the ability to identify and calculate multiple fidelity measurements.6. Complete Action Plans on specific ways teams will provide on-going training in Motivational Interviewing and Stage-Matched Interventions.7. Facilitate the development of an Individual Plan of Service with goals and objectives that are Recovery-Oriented, Strength-based and Stage-matched.8. Demonstrate understanding of appropriate and adequate transition-ability to lower levels of care.
9:00 AM – Training Begins	
9:00 – 9:45 AM – Learning Objective # 1	
9:45 – 9:55 AM – Learning Objective # 2	
9:55 – 10:55 AM – Learning Objective # 3	
10:55 – 11:55 AM – Learning Objective # 4	
11:55 AM – 12:55 PM – Lunch	
12:55 – 1:40 PM – Learning Objective # 5	
1:40 – 2:25 PM – Learning Objective # 6	
2:25 – 3:35 PM – Learning Objective # 7	
3:35 – 4:00 PM – Learning Objective # 8	
<i>A morning and afternoon break will be scheduled at the discretion of the presenter</i>	

ACT team leaders participating in this day are *required to attend and participate in Day 2*

Day 2 ACT Team Leaders & ACT Staff Workgroup and Discussion

Intended for —ACT Team (Team Leader and all ACT Team Members)

Day 2 Description - Day 2 assists Team Leaders to infuse new learnings as they work with their own individual ACT teams. Through video, handouts, discussion and practice, teams' work together using the training materials and class experiences from Team Leader Day 1 to recognize and plan for improved team functioning. Team assessment tools, portions of the Field Guide, the MIFAST tool and Medicaid Guidelines hone in on important consumer outcome measures that occur with highly functioning teams; activities are used to identify strengths and areas in need of further support with the opportunity to create a team plan to enhance current team functioning. ACT 201C is developed in cooperation and consultation with MDHHS and is a building block to full ACT fidelity implementation.

ACT teams have found that by preparing consumers prior to one day of team unavailability, rescheduling ACT team visits originally on training day, pre absence problem-solving planning with consumers has successfully allowed entire teams to learn and participate together.

Day 2 Agenda -

<u>Agenda</u>	<u>Course Objectives</u>
<p>8:30 AM – Registration Opens & Breakfast Buffet</p> <p>9:00 AM – Training Begins</p> <p>9:00 – 9:40 AM – Learning Objective # 1</p> <p>9:40 – 10:40 AM – Learning Objective # 2</p> <p>10:40 – 11:20 AM – Learning Objective # 3</p> <p>11:20 – 12:00 PM – Learning Objective # 4</p> <p>12:00 – 1:00 PM – Lunch</p> <p>1:00 – 2:00 PM – Learning Objective # 5</p> <p>2:00 – 2:30 PM – Learning Objective # 6</p> <p>2:30 – 3:30 PM – Learning Objective # 7</p> <p>3:30 – 4:00 PM – Learning Objective # 8</p> <p><i>A morning and afternoon break will be scheduled at the discretion of the presenter</i></p>	<ol style="list-style-type: none">1. Use the Michigan Medicaid Provider Manual to identify and describe 5 or more ACT team guidelines and requirements.2. List 5 ACT outcomes teams can expect when faithful to the ACT model.3. Identify 3 areas of the Field Guide and demonstrate how to utilize it to support and improve team fidelity and functioning.4. Identify 3 new Motivational Interviewing and/or Stage-Matching Intervention tools/handouts/interventions to utilize in everyday practice.5. List 3 or more recovery-oriented, strengths-based treatment plan goals and objectives using given case studies and examples.6. List 3 or more stage-matched interventions to 5 different stages of change, using given case studies.7. Recognize signs of vicarious trauma in self and others.8. Demonstrate the ability to synthesize and cross reference the MPM and FG for fidelity measures, practices guidelines.

Day 2 Special Guest Speaker: Mark Lewis, MDHHS

Presenter Biography:

Mara Husband - MA, LLP, is a clinical psychologist, Program Manager and ACT team leader at Lincoln Behavioral Services in Redford, Michigan where she has provided behavioral health services to people with serious mental illness and co-occurring disorders through Assertive Community Treatment for many years. Additionally, Mara works with the Michigan Fidelity Assessment and Support Team throughout Michigan in an effort to continually improve ACT services.

Bibliography:

1. A Counselors Guide to Objective, Measurable, Obtainable and Reimbursable Treatment Plans, a PPT, Rachel M. O'Neill, Ph.D., LPCC-S, Brandy L. Gilea, Ph.D., LPCC-S, NCC, CDCA; *O'Neill & Gilea Mental Health Consultants*
2. Paylo, M. J., & Kress, V. E. (2015). Developing Comprehensive Treatment Plans. In V. E. Kress and M. J. Paylo (Eds.), *Treating those with mental health disorders: A comprehensive approach to case conceptualization and treatment*. (1st ed., pp. 1-24). Upper Sadler River, NJ: Pearson.
3. Kress, V. E., & Paylo, M. J. (2015). The Foundations of Treatment Planning: A Primer. In V. E. Kress and M. J. Paylo (Eds.), *Treating those with mental health disorders: A comprehensive approach to case conceptualization and treatment*. (1st ed., pp. 1-24). Upper Sadler River, NJ: Pearson.
4. Norcross, J. C., Krebs, P. M., & Prochaska, J. O. (2011). Stages of Change. In J. C. Norcross (Ed.), *Psychotherapy relationships that work: Evidence-based responsiveness* (2nd ed., pp. 279-300). New York, NY: Oxford
5. Jongsma, A. E., & Peterson, L. M. (2006). *The complete adult psychotherapy treatment planner*. Hoboken, NJ: John Wiley and Sons, Inc.
6. ACT Field Guide Michigan
7. Michigan Medicaid Manual, Section 4
8. MIFAST ACT and IDDT Fidelity Tools

ACT team staff must identify ACT team leader during registration

[Click Here To Register for ACT 201C Trainings](#)

(Online registration is required for purpose of attendance, meal counts, and materials provided. Thank you!)

Social Work: The Community Mental Health Association of Michigan (formerly known as Michigan Association of Community Mental Health Boards) provider #1140, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. CMHAM maintains responsibility for the program. ASWB Approval Period: 10/10/16-10/10/19. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive **6.0 Clinical Continuing Education Clock Hours per day. Course Delivery Method: Face-to-Face seminar.**

Substance Abuse: The Community Mental Health Association of Michigan is approved by the Michigan Certification Board for Addiction Professionals (MCBAP) to sponsor educational training for professional certification. CMHAM maintains the responsibility for the program and content. Substance abuse professionals participating in this training will receive **6.0 (Related) contact hours per day.**

Nursing (Day 2 ONLY): The course has been awarded a maximum of **6.00** nursing contact hours by the Michigan Public Health Institute-Continuing Education Solutions (MPHI-CES).

MPHI-CES is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-320, 06/01/19)

Evaluation: A completed evaluation form is required to be turned in at the conclusion of the training.

Certificate Awarded: Participants must attend the entire training session. Your CE Certificate will be emailed directly to you within 30 business days after verification of your attendance.

Grievance: If you are in any way dissatisfied with a training or process and would like to file a grievance, please call our office to request a form at 517-374-6848.

Payment MUST be received by the date of event. **If payment has not been received prior to the event, fees will be collected at the registration the day of the event unless alternate arrangements are pre-approved by CMHAM.**

Purchase Orders are NOT considered payment.

All no shows will be invoiced the full registration amount.

Cancellation Policy: If you do not cancel and do not attend, you are still responsible for the full registration fee. Substitutions are permitted at any time. Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$10 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given. Cancellation and Substitution Process: Simply sign into your account, click "View My Registrations," click the event and click, "Edit" for a substitution, or "Cancel Order" and follow the prompts.

Special Needs: Arrangements for special needs will be honored for those written requests received 10 business days prior to the conference. Clearly state your specific needs for mobility assistance, interpreters, etc. Attempts for on-site requests will be made.

Severe Weather Policy: Events will take place as scheduled and we will not be able to refund registration fees. In the event of severe weather, please check the www.CMHAM.org website for scheduling delays and event updates.

***National Accreditation rules indicate that if you are over 5 minutes late, you forfeit your CE credit for the entire training. Please note that this is a National rule that CMHAM must enforce or we could lose our provider status to provide CE credits in the future. This rule will be strictly followed.*

Training Locations & Overnight Accommodations

Option 1

January 22, 2018

Overnight accommodations available at \$75 plus tax for January 21, 2018:

Kellogg Hotel & Conference Center – 219 South Harrison Road, East Lansing, MI 48824

To make reservations: Call reservations department at (800) 875-5090 a refer to group block **1801CMHAMA** –OR– go to www.kelloggcenter.com and click on 'Reservations' link at top of the page. Select 'Check Availability And Book Now!' Enter arrival and departure dates and then select 'Click Here for Special Rates' to enter code above.

Deadline to book your room: **January 8, 2018**

February 21, 2018

Overnight accommodations available at \$75 plus tax for February 20, 2018:

McCamly Plaza Hotel – 50 Capital Avenue SW, Battle Creek, MI 49017

To make reservations: Please call (888) 622-2659 and mention that you are attending an event with **Community Mental Health Association of Michigan**.

Deadline to book your room: **January 28, 2018**.

March 27, 2018

Overnight accommodations available at \$75 plus tax for March 26, 2018:

Holiday Inn near the University of Michigan – 3600 Plymouth Rd, Ann Arbor, MI 48170

To make reservations: [Click this link](#). Input check-in and check-out date and click 'Check Availability' to receive special rate.

Deadline to book your room: **March 12, 2018**

Option 2

June 15, 2018

Overnight accommodations available at \$75 plus tax for June 14, 2018:

Treetops Resort - 3962 Wilkinson Rd, Gaylord, MI 49735

To make reservations: Please call group reservations at (855) 261-8764 and mention you are with **Community Mental Health Association of Michigan**. (A \$15 Resort Fee will apply)

Deadline to Reserve Room by: **April 30, 2018**

August 27, 2018

Overnight accommodations available at \$75 plus tax for August 26, 2018:

Treetops Resort - 3962 Wilkinson Rd, Gaylord, MI 49735

To make reservations: Please call group reservations at (855) 261-8764 and mention you are with **Community Mental Health Association of Michigan**. (A \$15 Resort Fee will apply)

Deadline to Reserve Room by: **July 13, 2018**

September 24, 2018

Overnight accommodations available at \$75 plus tax for September 23, 2018:

Comfort Inn & Suites Hotel and Conference Center – 2424 S Mission, Mt. Pleasant, MI 48858

To make reservations: Please call hotel directly at (989) 772-4000 and mention you are with **Community Mental Health Association of Michigan**

Deadline to Reserve Room by: **September 2, 2018**

Please contact Carly Palmer at cpalmer@cmham.org or 517-374-6848 if you have any questions