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CMH Association Activities:

Recipient Rights Booklet: Annual Bulk Order & Personalization Available

Discount Deadline is October 12, 2018! The Mental Health Code states that CMHSPs are required to distribute "Your Rights When Receiving Mental Health Services in Michigan" booklet to each recipient receiving services.

Annual Bulk Purchase: The Community Mental Health Association of Michigan is offering the Rights booklet for sale. In order to obtain the lowest costs possible, we will be offering an annual bulk printing price of 40¢ per booklet. Orders must be received by October 12, 2018 to qualify for the discount. Any booklets ordered after October 12, 2018, will be charged 50¢ per booklet.

Personalization: You are able to personalize the back cover of the Rights booklet. There is an additional charge of \$95 per order. The personalization area is: 4" wide x 2" tall; 1 color. You must submit camera ready artwork with this form or email the artwork in one of the following formats: Word, Publisher, Illustrator, Pagemaker or PDF to npayton@cmham.org.

Staple-less Booklets: There is also an option to order staple-less booklets.

Prices for Booklets:

- o Cost Per Booklet if Ordered by October 12, 2018: 40¢ (Flat Rate Shipping)
- o Cost Per Booklet if Ordered After October 12, 2018: 50¢ (Flat Rate Shipping)

Shipment: Payment is required prior to shipping. Shipments will take place within 30 days after payment has been received.

Order Booklets: To place your order, click here: [Order Your Recipient Rights Booklets Here!](#)

CMHAM Committee Schedules, Membership, Minutes, And Information

Visit our website at <https://www.macmhb.org/committees>

State and National Developments Resources:

Opportunity to Receive Grant-Funded Consultation on Rate Restructuring To Support Competitive Integrated Employment For Persons With IDD:

The State of Michigan has established an Employment First policy priority. In the FY 2018 and 2019 State of Michigan budgets, funds for this policy priority are appropriated to support the objectives stated in Executive Order No. 2015-15 titled Employment First in Michigan. Part of the fund are targeted to assist CMHSPs with rate restructuring that can advance Employment First. In FY 2016 Oakland Community Health Network was chosen to participate in a rate restructuring initiative that was part of Michigan's involvement with the US Department of Labor Office of Disability Employment Policy (ODEP) Employment First State Leadership Mentoring Program (EFLMP). This work was replicated with four (4) other interested CMHSPs in FY2018 and will now be continued in FY2019. This creates an

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opportunity for up to six (6) new CMHSPs to receive no-cost technical assistance for rate restructuring to support the Employment First philosophy.

Follow is the link of the Employment in Michigan page. All of the information and forms for the Rate Restructuring technical assistance opportunity for CMHSP's:

https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4897-370719--,00.html

RFP due: October 31, 2018

Submit the documents attached to:

Michigan DD Council
320 South Walnut Street, Lansing, MI 48910
Attention: Yasmina M. Bouraoui, Deputy Director

Questions should be directed to Yasmina M. Bouraoui, at E-mail: bouraoui@michigan.gov; (517) 284-7291.

State Legislative Update:

Whitmer Releases Health Care Plan

Creating a reinsurance program for the state would help control costs of medical care by spreading out risks and costs to care for unhealthy or chronically ill individuals who generate high claims, Democratic gubernatorial candidate Gretchen Whitmer said in releasing a long-awaited health care proposal.

Below is a link to the complete Health Plan:

https://s3-us-west-2.amazonaws.com/gps-public-static/Gretchen-Whitmer/Whitmer_HealthcarePolicyDocument_09252018.pdf

Her proposal also called for the state to increase the age when persons can lawfully acquire and use tobacco to 21, from the current 18. That would put legal tobacco use in Michigan on a par with alcohol use. Most states have 18 as the legal age for tobacco use as federal law requires a minimum age of 18 to purchase and use tobacco. Currently five states have a legal age for tobacco use at 21.

Ms. Whitmer said the proposal would help cut Michigan's high tobacco usage. In 2014 the U.S. Centers for Disease Control said 22.6 percent of all persons in the state older than 18 used some form of tobacco.

In releasing her proposal, Ms. Whitmer said she would defend the Healthy Michigan plan, which provides health insurance through Medicaid to persons earning no more than 133 percent of the federal poverty level and currently covers more than 680,000 people, "from Republican attacks and fight to expand quality, affordable coverage for every Michigander."

Ms. Whitmer also said the plan would help protect individuals with pre-existing conditions as well as lower prescription costs and fight the state's opioid epidemic.

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She also said she would boost funding for mental health, help improve overall health care quality in the state, take steps to recruit more health care practitioners to the state and help insure greater food security and access, especially in poorer communities.

Below is the specific section in the plan related to Mental Health Services:

Mental Health Funding

- Cuts to mental health services have had a detrimental effect on those services' quality and availability to Michiganders. In 2014, CMH funding for crisis and prevention services, on which all Michiganders rely, and for the services upon which the uninsured depend on for recovery was cut drastically by 60 percent and consequently we lost mental health services to 10,000 Michiganders. Some counties have been forced to resort to raising local property taxes in an attempt to make up the difference. My administration will work to increase funding for Michigan's mental health safety net, ensuring access to quality behavioral health services.
- Michigan has major unmet needs for behavioral health providers, like social workers and psychiatrists. To address the rampant issues caused from having too few mental health professionals – such as Michigan's growing problem with adverse childhood experiences and opioid addiction – my administration will pursue federal funding for training mental health professionals that is available to states via Substance Abuse and Mental Health Services Administration (SAMHSA). Additionally, a new cabinet-level position within the administration with a focus on mental health will be established to oversee improvements in Michigan's mental health outcomes.

Health Access for People with Disabilities

- Michiganders with disabilities deserve the access to quality healthcare in order to live full lives, with equal rights and opportunities, in the communities they call home. To ensure this access, our Medicaid expansion must continue to protect people with preexisting conditions, and our exchange marketplace must be staffed with a sufficient number of navigators to help Michiganders shop and purchase healthcare. My administration will also work to raise reimbursements for in-home caretakers, restore the MI Disability Commission of Concerns, develop more ADA approved and affordable housing and increase access to education services for Michiganders with disabilities.

Fighting the Opioid Epidemic

- The opioid epidemic has hit too close to home for too many Michiganders for too long. Addiction is a disease that has ravaged communities and families across Michigan. Overdose deaths in Michigan from opioid abuse jumped 54 percent between 2015 and 2016. In 2015, more Michiganders died from opiate-related deaths than died from gun violence or automobile fatalities. In 2016, Michigan had more annual opioid prescriptions than we had people – enough that every citizen of the state could have been given 84 opioid pills.
- It is past time for studying the problem and mulling over solutions. The opioid epidemic has become a \$78.5 billion cost on the U.S. economy. If something is not done soon, the resources needed to control this problem may not be available. For the health and wellbeing of

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Michiganders, our state needs a governor who will lead the fight against this emergency and help addicted Michiganders get back on their feet and back to work, and if elected I will wage war against opioids and we will win.

Following are five proposals I will spearhead to take on the opioid crisis:

- Declare a State of Emergency.
- Create the best treatment system in the country.
- Establish a more effective prescription drug monitoring system.
- Provide adequate funding for mental health.
- Educate residents about the problem.

Federal Update:

House Passes Huge Health Spending Bill

On Wednesday, the House overwhelmingly passed a bipartisan “minibus” package for fiscal year 2019 Defense-Labor, Health and Human Services, Education (Labor-HHS) appropriations bills, which include funding for federal mental health and addiction programs. Notably, the bill (H.R. 6157) would increase funding for some mental health and addiction programs as well as provide around \$3.8 billion to specifically to address the opioid addiction crisis. The “minibus” also included a stopgap spending measure to fund the rest of the government into early December. With the Senate having passed the bill last week, the bill now heads to President Trump, who has said that he will sign the measure by September 30th to avert a government shutdown.

SUMMARY

The Defense-Labor-HHS minibus provides the Department of Health and Human Services (HHS) with a \$2.3 billion increase in discretionary spending (compared to FY 2018), bringing HHS’s total discretionary health spending to approximately \$90.5 billion. The Substance Abuse and Mental Health Services Administration (SAMHSA) and National Institutes of Health (NIH) would receive substantial funding increases. With continued Congressional attention on the opioid crisis, the minibus includes around \$3.8 billion, an increase of over \$206 million, for activities intended to curb opioid use and addiction. See our [earlier Capitol Connector coverage](#) for a list of targeted opioid activities and funding levels.

Specific funding levels for key behavioral health agencies and programs are detailed below:

Agency/Program	FY 2019 Funding	FY 2019 vs FY 2018
Substance Abuse and Mental Health Services Administration	\$5.7 billion	<i>+\$580 million</i>
Mental Health Block Grant	\$722.5 million	<i>Level funding</i>
Substance Abuse Prevention and	\$1.9 billion	<i>Level funding</i>

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Treatment Block (SAPT) Grant		
Primary and Behavioral Health Care Integration	\$49.9 million	<i>Level funding</i>
Mental Health First Aid	\$21 million	<i>+\$1 million</i>
State Opioid Response Grants	\$1.5 billion	<i>Level funding (\$500 million replaces funding for the Opioid State Targeted (STR) grants)</i>
Certified Community Behavioral Health Clinics (CCBHCs) Expansion Grants	\$150 million	<i>+\$50 million</i>
National Institutes of Health	\$39 billion	<i>+\$2 billion</i>

WHAT'S NEXT?

Once President Trump signs the Defense-Labor-HHS package, federal health spending fiscal year 2019 will be set. The package will also fund federal agencies that do not yet have an enacted FY 19 appropriations bill in place through December 7th. The federal 2019 fiscal year begins on October 1, 2018.

Education Opportunities:

CMHAM Annual Fall Conference

2018 Annual Fall Conference

FACING THE FUTURE TOGETHER

October 22 & 23, 2018 at the Grand Traverse Resort, Traverse City, Michigan

EARLYBIRD DEADLINE: FRIDAY, OCTOBER 12, 2018

REGISTER FOR THE CONFERENCE HERE:

<https://cmham.ungerboeck.com/prod/emc00/register.aspx?OrgCode=10&EvtID=5123&AppCode=REG&CC=118041126516>

HOTEL RESERVATION: The Grand Traverse Resort is currently SOLD OUT. Complete the Waiting List Form (attached) and forward to the Grand Traverse Resort.

Overflow Hotel Information:

Sleep Inn & Suites (rated in the top 20 Sleep Inn hotels in the US)
5520 US 31 North, Acme, MI 49610

- \$108 plus taxes and includes a full hot breakfast.
- Deadline for discounted price is: October 13, 2018
- For reservations call 231-938-7000 and use code, "CMHAM."
- The hotel is 1.8 miles from the Grand Traverse Resort – a 5-minute drive.

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Ethics for Social Work & Substance Use Disorder Professionals Trainings for 2018/2019

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Trainings offered on the following dates.

- November 7 – Lansing [Click Here to Register for November 7](#) *only 5 spots left!*
- January 23 – Lansing [Click Here to Register for January 23](#)
- February 20 – Lansing [Click Here to Register for February 20](#)
- March 13 – Lansing [Click Here to Register for March 13](#)
- April 24 – Troy [Click Here to Register for April 24](#)

Training Fees: (fee includes training material, coffee, lunch and refreshments.

\$115 CMHAM Members

\$138 Non-Members

Annual Home and Community Based Waiver Conference: November 13-14

Registration Open Soon! Save the Date for the Annual Home and Community Based Waiver Conference will be held at the Kellogg Hotel and Conference Center in East Lansing on November 13-14! Brochure will be available soon. It will be a great program. See conference details here: <https://macmhb.org/save-the-date/annual-home-and-community-based-waiver-conference-1>

Crain's Health Care Leadership Summit

Every year, Crain's Health Care Leadership Summit focuses on one key theme affecting today's health care industry. This year's summit will examine not just how Michigan's \$2 billion in Medicaid mental health funding should flow, but how best to tie together and manage health care for both body and mind across the spectrum of our health care system.

Register: <https://www.crainsdetroit.com/hcsummit>

Crain's Health Care Leadership Summit:

Body and Mind: How Best to Coordinate Mental and Physical Health

Monday, October 15, 2018

The Henry, Dearborn, Michigan

8:00am - 1:00pm

Keynote Speaker:

Eric Hipple, Director of Outreach, After the Impact Fund Former Detroit Lions Quarterback

Miscellaneous News and Information:

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Job Opportunity: Michigan Healthy Transitions (MHT) Project Director

Purpose: To coordinate a grant-funded initiative to provide the Transition to Independence Process (TIP) model in Kalamazoo and Kent counties by collaborating with the Substance Abuse and Mental Health Services Administration (SAMHSA), MDHHS, the Association for Children's Mental Health (ACMH), the Community Mental Health Services Providers (CMHSPs) in Kalamazoo and Kent counties, Stars Training Academy (TIP model purveyor), the MPHI Evaluation Team and the MHT Leadership Team and stakeholders.

Experience: Experience with supervision and oversight of an evidence-based practice. Familiarity with Transition to Independence Process Model preferred. Experience providing community-based mental health services to children and their families. Public mental health system experience preferred. Excellent written and oral communication skills. Demonstrated coordination and organizational skills.

For more information, [Click Here!](#)