



April 27, 2018

FRIDAY FACTS

TO: CMH and PIHP Executive Directors
Chairpersons and Delegates
Provider Alliance Members
Executive Board Members

FROM: Robert Sheehan, Chief Executive Officer
Alan Bolter, Associate Director

RE:

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- **Motivational Interviewing for Children's Trainers**
- **Smoking Cessation Leadership Annual Collections: 2016 and 2017 Recorded Webinars**
- **CMHAM Association committee schedules, membership, minutes, and information**

New e-mail addresses for Association staff: The Michigan Association of CMH Boards is now the COMMUNITY MENTAL HEALTH ASSOCIATION OF MICHIGAN.

Please update your email address for CMHAM staff:

Alan Bolter, Associate Director: abolter@cmham.org
Chris Ward, Administrative Executive: cward@cmham.org
Dana Owens, Accounting Clerk: dowens@cmham.org
Michelle Dee, Accounting Assistant: acctassistant@cmham.org
Monique Francis, Executive Board/Committee Clerk: mfrancis@cmham.org
Annette Pepper, Training and Meeting Planner: apepper@cmham.org
Anne Wilson, Training and Meeting Planner: awilson@cmham.org
Carly Palmer, Training and Meeting Planner: cpalmer@cmham.org
Chris Lincoln, Training and Meeting Planner: clincoln@cmham.org
Nakia Payton, Receptionist: npayton@cmham.org
Robert Sheehan, CEO: rsheehan@cmham.org

Association soon to announce new membership opportunities: In response to requests for a broader range of membership options and a fuller list of benefits of each membership type, the CMH Association of Michigan will soon be announcing several new membership opportunities for organizations and individuals. Look for the revised Association membership brochure to be available in November.

Friday Facts to become a members-only electronic newsletter: Note that the receipt of this electronic newsletter will become a members-only benefit sometime in the next few months. While there will be another electronic newsletter for a wider range of non-members, it will not contain the depth or breadth of information contained in this newsletter. **So, if you find the information in this newsletter useful and are not an Association member, consider becoming a member when the new membership opportunities are announced.**

WORK, ACCOMPLISHMENTS, AND ANNOUNCEMENTS OF CMH ASSOCIATION MEMBER ORGANIZATIONS

OCHN selects new CEO

Below is an excerpt from a recent press release from Oakland Community Health Network (OCHN) regarding the offer of the organization's CEO position to Annette Downey. Congratulations to Annette and the OCHN Board, staff, and community partners.

After conducting thoughtful and comprehensive interviews with candidate finalists for Oakland Community Health Network's (OCHN) vacant CEO position, the organization's Board of Directors has voted to present an offer to Annette Downey. Downey is the current executive director of Community Living Services - Oakland County (CLS-OC) based in Ferndale.

Board members will meet in closed session at a later date to discuss and outline contract terms. A formal announcement regarding the position will be made after all appointment details are finalized.

OCHN's search for a new CEO began in February of this year with more than 60 applicants from across the State and nation. The search was narrowed by the Board to four and then two people before Downey's selection.

SWMBH recognized by National Guard and Reserve

Below is a recent press announcement from Southwest Michigan Behavioral Health (SWMBH) about their recent recognition by the Michigan Committee for Employer Support of the Guard and Reserve (ESGR). Congratulations to SWMBH.

Southwest Michigan Behavioral Health (SWMBH) has been selected to receive a 2018 Above and Beyond Award from the Michigan Committee for Employer Support of the Guard and Reserve (ESGR). The ESGR is tasked with the mission of gaining and maintaining employer support for those who serve in the National Guard and Reserve. The Above and Beyond Award is given to those employers who provide a level of support “above and beyond” that required by law to their Guard and Reserve employees.

SWMBH was nominated for this award by Georgie (Braithwaite) Juday, it's (now former) Veteran Navigator who serves as a 2nd LT in the Michigan National Guard. “We are both honored and humbled that Georgie would nominate SWMBH for this award,” said Bradley Casemore, SWMBH CEO. “We believe that supporting our nation’s active and reserve service men and women is important to maintaining SWMBH as a top employer. I want to personally thank Georgie for this nomination and for her exemplary work on behalf of veterans in our region. We will miss her as an employee, but wish her utmost success in her new full time position in service to our country in the Michigan National Guard.”

STATE AND NATIONAL DEVELOPMENTS AND RESOURCES

CMH Association announces Walk a Mile Rally

We urge all those who care about mental health and the strength of Michigan’s public mental health system to join us at this year’s Walk a Mile Rally.

On Wednesday, May 2, 2018, *THOUSANDS* will gather at the State Capitol to rally for Mental Health Awareness and to let Legislators know that *MENTAL HEALTH MATTERS!!!* I would like to encourage EVERYONE to attend this lively, eye-opening rally, and tell the leaders at our State Capitol to “*Walk A Mile in My Shoes!*”

The Walk A Mile information packet is available at:

<https://www.macmhb.org/about-us/walk-mile-rally>

The schedule of the Walk A Mile Rally:

Noon

Emcee welcomes everyone.

Early attendees can meet with legislators in their office or get their pictures taken on the Capitol steps.

12:20 p.m.

Advocacy walkers begin to line up to start the walk around the Capitol.

12:30 p.m.

Advocacy Walk begins.

12:30 – 1:30 p.m.

Rally attendees arrive.

Check-in tent opens- Pick up goody bag and water.

Information Tent opens- CMH designee check-in to receive county flag, statement and buttons.

Legislator Tent- Meet your legislator, learn about state government and advocacy activities.

1:00 p.m.

Guest singers and speakers report to the podium.

County Representatives, flag carriers and assistants report to stations along Capitol Ave. (Flags will be distributed at Information Tent).

Advocacy walk wraps up.

1:30 p.m.

Rally starts.

“The National Anthem.” Opening remarks on front steps.

Featured speakers address advocates.

NOTE- House of Representatives begins session.

1:45 p.m.

Marching begins up middle sidewalk, followed by statements from each county representative.

2:45 p.m.

Statements conclude.

Group pictures can be taken on front steps.

2:45 – 3:00 p.m.

Wrap up/closing remarks.

County Representatives return flags to CMHAM staff/volunteers in hot pink shirts (boxes set up by Capitol steps).

Rally attendees can meet with legislators in lobby outside of the House of Representatives and Senate chambers, or in their offices if session is over.

3:00 – 3:30 p.m.

Closing remarks.

NAMI- Michigan annual meeting announced

NAMI-Michigan 2018 Annual State Conference

“Achieving Integrated Care in Michigan”

May 9 – 11, 2018

Grand Traverse Resort

Keynote Speakers:

- 2018 Candidates for Governor: Panel Discussion
- Integrated Healthcare: Panel Discussion
- Lynda Zeller: MDHHS Update (298 Pilot, Psychiatric Beds, etc.)
- Milton Mack: Decriminalization of Mental Illness: Fixing a Broken System
- Erin Barbossa: Mental Resilience and Health in the Workplace
- Farha Abbasi: Devil, Djinn or Depression- Cultural Mental Healthcare
- Dr. Prabhakar: Henry Ford Suicide Prevention

To register, go to: <http://namimi.org/nami-michigan-annual-conference-2018>

National Rural Institute on Alcohol and Drug Abuse announced

Below is a recent announcement of the 2018 National Rural Institute on Alcohol and Drug Abuse:

It is a pleasure to announce the 2018 National Rural Institute on Alcohol and Drug Abuse to be held June 10-14, 2018 at University of Wisconsin-Stout in Menomonie, Wisconsin. You are being contacted for the opportunity to reserve an exhibit space at this year’s conference that promises to be educational, practical and exciting.

Featured speakers: Rory Ledbetter, Actor, Director, Voiceover Artist, Vocal Coach, and Educator; Wayne W. Lindstrom, PhD, Director, Behavioral Health Services Division, New Mexico Human Services Department; Dr. Will Cooke, MD, FAAFP, AAHIVS, Foundations Family Medicine; Mike Schiks, MS ACATA, Executive Director/CEO, Project Turnabout Addiction Recovery Center

For more information, go to:

<https://www.uwstout.edu/outreach-engagement/lifelong-learning/other-opportunities/national-rural-institute-alcohol-and-drug-abuse>

Register at: https://uwstout.qualtrics.com/jfe/form/SV_5hwlweQ8L70o3it

Michigan Health Policy Forum announces spring 2018 forum on civil discourse

Michigan Health Policy Forum
Monday, May 14, 2018
1:00 PM - 4:00 PM
Kellogg Center - Big 10A
219 South Harrison Road
East Lansing, MI 48824

Civil Discourse: The Gateway to Sustainable Policy Changes

In the past decade, the United States has adopted policies that maximized the number of US citizens with health insurance coverage/services and then taken action to reverse that direction. What are the goals of the United States with regard to health insurance coverage for its citizens? What does our nation value with regard to health care?

The change in policy direction did not result from meaningful dialogue about our health policy goals. In the absence of that dialogue, policy arguments and political arguments are used interchangeably. Informed health policy requires informed discussion. The Michigan Health Policy Forum is dedicated to presenting informed discussion in the belief that a civil exchange of ideas from all sides of the political spectrum will help Forum attendees in understanding the concerns that shape health policy. This understanding is the basis of sustainable policy change in health care.

Speakers: Randolph Rasch, PhD, RN, FAANP, Dean, Michigan State University College of Nursing; Joseph R. Antos, PhD, American Enterprise Institute "The View from the Right"; Sabrina Corlette, JD, Health Policy Institute, Georgetown University "The View from the Left"; Mr. Paul Hillegonds, CEO, Michigan Health Endowment Fund; Senator Curtis Hertel (D), Representative Edward Canfield (R); Dennis Paradis, MPH, Executive Director, Michigan Health Policy Forum.

To register: <http://michiganhpf.msu.edu/index.php/forum-registration>

Mental Health and Corrections resources published

As part of this Association's work to foster cutting edge approaches to the provision of mental health services in partnership with the state's law enforcement and corrections system, this edition of Friday Facts features several publications, released by the Urban Institute, related to this issue. These publications include:

Strategies for Connecting Justice-Involved Populations to Health Coverage and Care:

<https://www.urban.org/research/publication/strategies-connecting-justice-involved-populations-health-coverage-and-care>

Measuring Progress in Connecting Criminal Justice to Health: A How-to Guide to Performance Management for Practitioners: <https://www.urban.org/research/publication/measuring-progress-connecting-criminal-justice-health>

Connecting Criminal Justice-Involved People with Medicaid Coverage and Services: Innovative Strategies from Arizona: <https://www.urban.org/research/publication/connecting-criminal-justice-involved-people-medicaid-coverage-and-services-innovative-strategies-arizona>

Upcoming MDHHS Hepatitis A Webinar

Dr. Eden Wells, the MDHHS Chief Medical Executive, will be hosting an hour long hepatitis A clinician webinar on May 7, 2018. The webinar will cover an update on the current status of the hepatitis A outbreak in Michigan and information important for clinical providers.

Date/Time: May 7, 2018 from 12:00 PM - 1:00 PM EDT
Adobe Connect Meeting Link: <http://breeze.mdch.train.org/mdhhscome>
Dial In: 877-336-1829
Access Code: 7063786

Michigan Senators call for improved access to opioid overdose reversal drug

Below is an excerpt from a recent press release describing a recent call for action by Michigan's U.S. Senators Debbie Stabenow and Gary Peters.

Stabenow, Peters Call on Administration to Take Immediate Action to Reduce Price of Naloxone, a Life-Saving Opioid Overdose Reversal Drug

U.S. Senators Debbie Stabenow and Gary Peters today led 14 of their colleagues in calling on the Department of Health and Human Services to take immediate action to reduce the price of naloxone, a life-saving opioid overdose reversal drug. The Senators' letter follows a recent national advisory issued by the United States Surgeon General urging more Americans to keep on hand and learn how to use naloxone delivery devices. In 2016, Michigan had the eighth most deaths of any state in the country and over 2,000 people lost their lives from a drug overdose.

"No police officer, no firefighter, no public health provider, and no person should be unable to save a life because of the high price," wrote the lawmakers. "By bringing down the cost, we can get this life-saving drug in the hands of more people as called for by the Surgeon General. Doing so will save countless lives."

"The Commission on Combating Drug Addiction and the Opioid Crisis recommended empowering the HHS Secretary to negotiate reduced pricing, and in October 2017 19 Senators wrote in support of this policy," the lawmakers continued. "To date, no such action has been taken by HHS. We urge HHS to immediately negotiate a lower price for easy to administer naloxone combination products. In addition, we ask you to ensure affordable coverage for individuals with health insurance, including Medicare, Medicaid, and individual and employer sponsored plans."

U.S. Senators Sheldon Whitehouse (D-RI), Amy Klobuchar (D-MN), Richard Blumenthal (D-CT), Tammy Baldwin (D-WI), Jack Reed (D-RI), Bernie Sanders (I-VT), Joe Donnelly (D-IN), Tina Smith (D-MN), Jeanne Shaheen (D-NH), Kamala Harris (D-CA), Angus King (I-ME), Cory Booker (D-NJ), Sherrod Brown (D-OH), and Maria Cantwell (D-WA) signed Stabenow and Peters' letter to HHS Secretary Alex Azar.

The full text of the letter is found below.

April 18, 2018

The Honorable Alex Azar
Secretary
U.S. Department of Health and Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201

Dear Secretary Azar:

We write to ask the U.S. Department of Health and Human Services (HHS) to take immediate action to increase access and reduce the price of naloxone auto-injectors and nasal sprays; life-saving opioid overdose reversal products. We believe that every individual, municipality, and entity that wants to equip themselves with these products should be able to afford to.

The opioid epidemic claimed the lives of 42,249 Americans in 2016 – about 115 Americans every day. Drug overdoses are now the leading cause of death for Americans under 50, exceeding the peak car crash and H.I.V. deaths. Unfortunately, despite the progress health care providers, first responders, state governments, and others have made in fighting the epidemic, data from the CDC suggests that the problem is still getting worse, as there were more than 45,000 deaths from August 2017 to August 2018.

As you know, United States Surgeon General Dr. Jerome M. Adams issued a national advisory urging more Americans to keep on hand and learn how to use naloxone delivery devices. He states that, “increasing the availability and targeted distribution of naloxone is a critical component of our efforts to reduce opioid-related overdose deaths and, when combined with the availability of effective treatment, to ending the opioid epidemic.” We strongly agree.

Unfortunately, despite being approved by the FDA more than 45 years ago, the price of naloxone has increased dramatically during the epidemic. The prices of the two user-friendly devices that can be administered outside of a health care setting are the highest. Narcan, which delivers naloxone as a nasal spray, costs \$150 for a two pack and Evzio, a hand-held auto-injector, increased in price from \$690 in 2014 to more than \$4,000 today for a two pack.

Such high prices are already leaving local fire, police, and health departments struggling to afford naloxone, and many Americans will want to follow the Surgeon General’s advisory only to realize they are unable to afford the drug that could save their own life or the life of someone they know. The Commission on Combating Drug Addiction and the Opioid Crisis recommended empowering the HHS Secretary to negotiate reduced pricing, and in October 2017 19 Senators wrote in support of this policy. To date, no such action has been taken by HHS. We urge HHS to immediately negotiate a lower price for easy to administer naloxone combination products. In addition, we ask you to ensure affordable coverage for individuals with health insurance, including Medicare, Medicaid, and individual and employer sponsored plans.

No police officer, no firefighter, no public health provider, and no person should be unable to save a life because of the high price. By bringing down the cost, we can get this life-saving drug in the hands of more people as called for by the Surgeon General. Doing so will save countless lives.

CDC issues resource guide for children’s integrated care

The federal Centers for Disease Control (CDC) recently issued a set of resources related to behavioral health integration (BHI) for children. The announcement of that resource is provided below:

BHI is one innovative approach to improving access to care for children with mental, behavioral, or developmental disorders and their families.

Click the following site to learn more about how BHI can support early intervention and timely referrals in family-centered pediatric primary care settings: <https://www.cdc.gov/childrensmentalhealth/access.html>

Support to curb farm suicides proposed

Below is an excerpt from a recent article outlining proposals made in the US Senate to combat the high rate of suicide among farmers and ranchers:

Highlighting the economic stress in agriculture and what the National Farmers Union called "the alarmingly high rate of suicide amongst farmers and ranchers," a bipartisan group of senators introduced a bill Thursday to provide more mental health resources in rural America.

The bill is called the "Facilitating Accessible Resources for Mental Health and Encouraging Rural Solutions for Immediate Response to Stressful Times," or FARMERS FIRST. It was introduced by Sens. Tammy Baldwin, D-Wis., and Joni Ernst, R-Iowa, along with Sens. Michael Bennet, D-Colo.; Cory Gardner, R-Colo.; Heidi Heitkamp, D-N.D., and Jerry Moran, R-Kan.

Ideally, the bill will serve as a marker to get added to the Senate version of the farm bill.

Farmer suicides have received a lot of focus over the last year as farmer incomes have fallen to roughly half of what they were in 2013. A 2016 study by the Centers for Disease Control (<https://www.cdc.gov/mmwr/volumes/65/wr/mm6525a1.htm>) on suicides in 12 states found that workers in the farming, fishing and forestry occupational group had the highest rate of suicide (84.5 per 100,000). Among males, farming, fishing and forestry also accounted for the highest rates of suicide (90.5 per 100,000). One note about that study was that it was based on 2012 data, when farm income was higher.

The full article can be found at:

<https://www.dtnpf.com/agriculture/web/ag/news/world-policy/article/2018/04/19/senators-introduce-bill-provide-help>

LEGISLATIVE UPDATE

SUD Funding Bill Passes Full House

This week, HB 5085 introduced by State Rep. Steve Marino (Harrison Township), which would increase funding for substance use disorder services passed the full House by a 104-3 vote.

HB 5085 would dedicate 4% of the unmarked money raised through Michigan's liquor sales and fees and earmark it specifically for substance use disorder treatment and prevention services. HB 5085 could provide more than \$17 million a year to combat alcohol-related disorders, opiate addiction and other substance use disorders.

"Substance abuse is a major problem in Michigan," Marino said. "This bill will deliver more resources to agencies on the front lines of this fight."

Early this year, the final report was released of the House of Representatives' CARES (Community, Access, Resources, Education and Safety) Task Force, which convened last summer to explore Michigan's mental health system. Increasing funding for substance use disorder services was one of the 50 recommendations in that final report.

HB 5085 was referred to the Senate Health Policy Committee.

NATIONAL UPDATE

MI Delegation Talks to Congress

This week around 25 members of CHMHAM, went to Washington DC to speak to federal leaders regarding critical issues impacting Michigan's public behavioral health system. The group was made up of CMHAM staff, CMH directors & staff, board members, and several providers. Michigan's delegation was part of the larger National Council's annual Hill Day, where several hundred behavioral health advocates took to the hill.



ETHICS FOR SOCIAL WORK & SUBSTANCE USE DISORDER PROFESSIONALS TRAININGS FOR 2018

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Trainings offered on the following dates.

- April 25 - Lansing
- May 30 - Lansing
- June 27 –Kalamazoo
- July 11 - Troy
- August 22 – Lansing

Training Fees: (fee includes training material, coffee, lunch and refreshments.)

\$115 CMHAM Members

\$138 Non-Members

To register: https://cmham.ungerboeck.com/prod/emc00/PublicSignIn.aspx?&SessionID=fa7fe5ej2fe8fc5&Lang=*

REGISTRATION OPEN: CMHAM ANNUAL SPRING CONFERENCE:



“Collaboration & Innovation: A Formula for Success”
Tuesday, May 1, 2018 & Wednesday May 2, 2018

The Diamond Center at Suburban Collection Showplace
46100 Grand River Ave, Novi MI 48374

Continuing Education:

Earn up to 8 Social Work CE Hours & 9 MCBAP Education Contact Hours

[TO REGISTER CLICK HERE](#)

CMHAM SPRING PRE-CONFERENCE INSTITUTES:

Pre-Conference #1:

Healthcare Integration Efforts: Challenges and Successes in Other States

Monday, April 30, 2018

10:00am – 3:00pm (9:30am registration)

Member Fee: \$89 per person and includes materials and lunch

Non-Member Fee: \$107 per person and includes materials and lunch

Continuing Education: Earn up to 3 Social Work CE Hours & 3MCBAP Education Contact Hours

[TO REGISTER CLICK HERE](#)

Pre-Conference #2:

Wearing the HIPAA Hat

Monday, April 30, 2018

1:00pm – 3:00pm (12:30pm registration)

There is no fee to attend; but registration is required and space is LIMITED.

Continuing Education: 2 MCBAP Education Contact Hours

[TO REGISTER CLICK HERE](#)

MOTIVATIONAL INTERVIEWING FOR CHILDREN'S TRAINERS – May 3-4 in Lansing

Motivational Interviewing (MI) is a person-centered counseling style for addressing the common problem of ambivalence about change. It is an empirically-supported treatment (EST) with established benefit across a wide variety of ages, cultures, socio-economic conditions, and diagnoses. Essential constructs of MI include avoiding confrontation while demonstrating empathic listening and eliciting an individual's own reasons for contemplating and committing to making a change.

Motivational Interviewing is often drawn upon when initially meeting and engaging with clients to help with creation of a change plan, but can benefit the cyclical course of commitment to change as is typical throughout a service episode. MI is compatible with most other forms of treatment and service settings, including in schools, juvenile centers, home-based treatment, and family therapy. Who Should Attend: This course is appropriate for any direct-service staff who work with youth or families in a mental or physical health service setting and who encounter individuals who struggle with their commitment to making life changes. Supervisors and administrators may also benefit from learning course content in order to coach staff and advise organizational practices. Limited to 40 participants. Registration is only available online:

<https://www.macmhb.org/save-the-date/basic-skills-motivational-interviewing-conversations-youth-and-families-increasing-0>

SAVE THE DATE! EMPLOYMENT FIRST CONFERENCE

Join us for the Employment First Conference! Hear from national subject matter experts who will help Michigan ensure that "everyone who wants a job, has a job!" Employment First is a state and national movement to help individuals with disabilities in Michigan realize their fullest employment potential through the achievement of individual, competitive integrated employment outcomes.

Employment First Conference: "When Everyone Who Wants A Job, Has A Job!"

July 11 & 12, 2018

Kellogg Hotel & Conference Center

East Lansing, Michigan

Registration Fee: \$50

Who Should Attend: Staff who's involved in helping someone with an employment goal:

- Employment Practitioners
- Supports Coordinators/Case Managers
- CMHSP Leadership
- CRO Leadership

Workshop Tracks:

- Leadership
- Provider Transformation
- HCBS

Sponsored By: The Michigan Developmental Disabilities Council with support from Michigan's Employment First Partnership.

Additional conference details and registration information coming!

CMH ASSOCIATION COMMITTEE SCHEDULES, MEMBERSHIP, MINUTES, AND INFORMATION: go to our website at <https://www.macmhb.org/committees>